

# **Exercise 2: Myself Only More-so**

This is the most basic stage makeup you will complete. Remember, it's as if the director cast you and said, "You look exactly like I imagine the character looks. You don't need any makeup." Of course, we know that everyone needs stage makeup.

Supplies:

Base color

Character shadow

Cream highlight

Powder/Cream rouge

Lip liner

Eye liner

Eyebrow pencil

Natural lip color

Powder

Mascara

1. Start with a clean face
2. Secure the hair out of the way
3. Apply the foundation over every part of the face, using a moderate amount of product. If you can see streaks in the base color, you are using too much. Blend the foundation down the neck, avoiding a line at the jaw.

4. Apply the shadow color, using subtle or low contrast, to the areas of the face that recede from the viewer's eye.

a. These areas are:

Forehead depression

Sides of nose

Under tip of nose

Under cheekbones

Under lower lip (maybe)

Under jaw bone

5. Apply the highlight, using subtle contrast, to the areas of the face that protrude, or come forward on the face.

a. These areas are

Top of forehead

Brow ridge

Bridge of nose and nares

Cheek bones

Point of chin

On jaw bone

6. Assess your work: if the nose seems to be really stealing focus, tap it down with the foundation sponge . If the eyes seem too heavily shadowed, add a little highlight to the inside corners to open them up.

7. Load the powder puff, folding the puff and rubbing it together. Press the powder into the makeup, firmly but gently. Do not drag the puff over the skin. Whisk off any excess powder with a blush/powder brush.

8. Line the eyes and lips lightly.  
We are after a natural look.

9. If the eyebrows are a light to medium color, fill in the brows, using short hair-like strokes.

10. Apply a bit of rouge to the apple of the cheek. Think “healthy glow.”
11. Finish the makeup with a natural lip color and some mascara if the eyes seem a little weak.
12. Assess your work and make any final corrections/improvements.